



From State of Mind to Brand Voice

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Complex approach



Qualitative Research

- Online community
- 40 participants, divided by age groups, as follows: 18–29 yo (Generation Z), 30–44 yo (Generation Y), 45–60 yo (Generation X)

iSense OmniPanel Insights – iOPI – In depth interviews

- Target: Individuals aged 30–44 (Generation Y).
- Research Method: In-depth interviews aimed at exploring participants' motivations and reasoning behind their online behaviors.



iDIVE

(iSense Deep Insight Video Exploration)

12 dynamic online in-depth interviews



Quantitative Research

iSense Omnibus & CSS score

- Men and women, 18 - 65 y.o
- Representative for **online** urban population
- ~500 interviews/ wave,
- Most recent wave: May 2025

Forces Shaping Romania

- Men and women, 18 - 70 y.o
- Representative for **online** urban and rural population
- 1001 interviews, February 2025

**Where are we
now?**



Fears regarding financial and economic situations are high



2025
May

%T2B

Economic situation of the country

88%

Evolution of the personal financial situation in the next 12 months

81%

Worries about national security are also quite high



%T2B

2025
May

National security

77%

Q51. To what extent do you feel worried about the following: N=514

Fears regarding Job Stability and Family & Personal Safety remain important after the slight peak in January



	2022	2023	2024	2025 January	2025 May	%T2B
Personal and family health	—	—	—	—	79%	
Personal and family safety	75%	81% ↑	81% →	85% ↑	76% ↓	
Job stability	51%	68% ↑	66% →	71% ↑	66% ↓	

Respondents feel the need to relax more than anything in 2025



	2025 May	%T2B
I feel the need to relax	77%	
I'm alone	26%	
I'm nervous	28%	
I'm pessimistic	25%	
I have control over the things around me	50%	

QS2. To what extent do you agree with the following statements? N=514

People are looking to **live their life at the fullest**



2025
May

%T2B

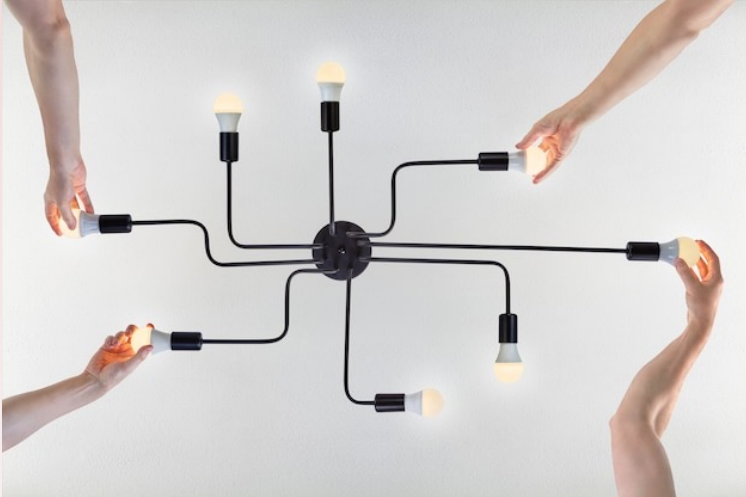
I only have one life and I have to take
advantage of it

56%

I'm not as connected with my friends as I used
to

42%

Brand switching regains momentum



	2022	2023	2024	2025 January	2025 May	%T2B
Switched to a cheaper brand	54%	58% ↑	47% ↓	50%	55% ↑	
Switched to a more expensive brand	22%	27% ↑	21% ↓	18%	23% ↑	

V3.What have you done in the last 3 months? N=1006/518/516/518/514

Strategy of **reducing the budget or to buy less items** slightly increases



	2022	2023	2024	2025 January	2025 May	%T2B
Reduced the budget for non-essential purchases	80%	83% →	76% ↓	75% →	75% →	
Bought smaller quantities of products	73%	72% →	62% ↓	64% →	68% ↑	
Reduced the budget for essential purchases	50%	54% ↑	48% ↓	46% →	49%	

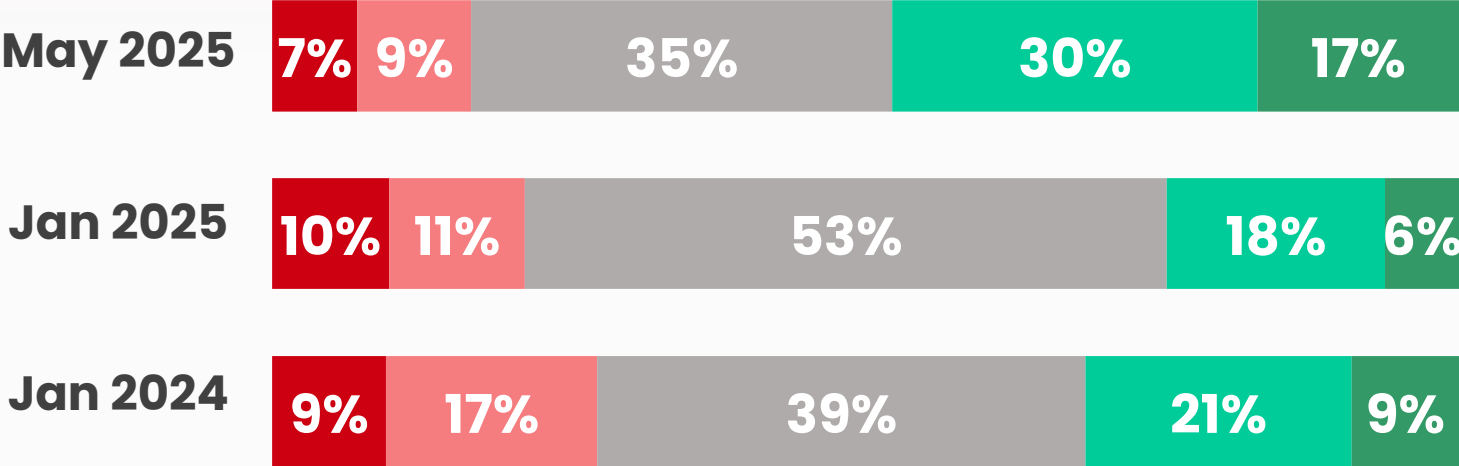
Consumers **regain their optimism** about income increasing for the rest of 2025



Trend



Income



AH204. How do you think the following categories of expenses and revenues will evolve in the next 3 months compared to the last 3 months? Your household's income will....- N=520/518/514

**What about the
communication
channels?**



Digital information sources are gaining ground

2025

Sources they usually inform from:

		Gen Z (18-27)	Millennials (28-43)	GenX (44-59)	Baby Boomer (60+)
Television	67%	48%	63%	70%	81%
News Sites	58%	39%	49%	66%	71%
Friends/relatives/family	43%	49%	38%	43%	46%
Radio	36%	15%	34%	39%	49%
Scientific articles/papers	35%	38%	30%	32%	47%
Social media pages of news publications	34%	42%	31%	34%	36%
Podcasts	30%	33%	34%	30%	22%
Investigative Press (Recorder, Snoop,...	29%	36%	30%	29%	24%
Print media (newspapers, magazines,...	24%	9%	21%	23%	44%
Newsletters	18%	11%	17%	19%	23%
My friends on social media	18%	24%	16%	17%	19%
Blogs	17%	22%	17%	18%	11%
Opinion leaders on social media	14%	15%	13%	14%	17%
Online discussions and forums (Reddit,...	14%	19%	17%	12%	7%

There is a shift to media that you can control, in detriment of media that controls you

More present for Gen Z!



2025
%T2B

	Gen Z (18-27)	Millennials (28-43)	GenX (44-59)	Baby Boomer (60+)
I prefer to listen to music online , to the detriment of traditional radio	73%	60%	40%	33%
I watch video content online , instead of watching traditional TV	68%	58%	33%	20%
I actively participate in online discussions , post, comment and share posts	35%	35%	25%	29%

Q1. To what extent do you agree with the following statements? Please give it a grade from 1 to 5, where 1 means "Strongly Disagree" and 5 means "Strongly Agree". N=1001 all respondents

Social media unleashed – generations differences

Gen Z



- They avoid **overly idealistic** (with many steps to follow & tight schedules), recommendations & routines, opting for easier tips & tricks to implement in their existing daily routines
- **Facebook reinvented** – Gen Z are still using Facebook, but as an information hub; they participate in Facebook groups just to access specific information (eg: concerts, real estate/rents etc.)
- **Creative in communication & socializing** – using platforms like **Discord** for gaming, movie nights, and meetings.

Millennials



- **Reddit as an alternative to classic reviews** – the complex reviews and dialogue between users increase trust in Reddit compared to other sources (niche platform which is not contaminated by the classic media)
- **Communities based on hobbies** – allow more trust in the information validity, creating a safe space of membership
- **Audio content** (podcast, audible books) is relevant for enhancing the possibility to multi-task

Gen X



- **Short form videos (TikTok)** – as a **highly accessible source of information** for medical care, Adina Albert, Carmen Brumă, etc.), overtaking gen Z channels
- **Facebook Groups & Marketplace** – Used to engage in interest-based communities and find practical recommendations for products and services.
- **Reddit & AMAs** – A go-to platform for in-depth **product reviews** directly from **product users, learning from experts, and gaining insights from both public figures and anonymous professionals.**

Social media made us **dependent** & **increased our anxiety**



2025

	Disagree & totally disagree	Agree & totally agree
I notice around me many people addicted to the phone	2%	89%
People are affected by the negative comments they receive online	4%	74%
I check my phone just to see what's going on, on social media	27%	45%
I believe that social media is essential for my well-being	26%	37%
I feel anxious if I don't have access to social media for a day	46%	24%

Take out!

As consumers switch to media they can control, involve them more in interactive communications that empowers & attract them (cross media actions, gamified content...)

Q1. To what extent do you agree with the following statements? Please give it a grade from 1 to 5, where 1 means "Strongly Disagree" and 5 means "Strongly Agree". N= 1001, all respondents

The good, the bad, and the ugly of social media



GEN Z

- **Conscious screen addiction** – feeling frustrated about the time spent on screens – want to consciously reduce screen time.
- **Conflicting attitude** – struggling between taking a break from social media and need for **escapism** – through hours spent on mindlessly consuming short video content ("**brainrot/bedrot**"), instead of interacting with people on social media (eg: TikTok)



MILLENNIALS

- **Grey area of socializing** – although perceived as helpful for keeping up with peers, there is a barrier to recreate the face-to-face interactions (less personal)
 - LinkedIn – enhances reconnecting with past friends through working updates
 - Instagram and Facebook – platforms which offer opportunity to improve skills and enhance the inspiration process



GEN X

- **Laid back approach** regarding social media, feeling less addicted
- **High anxiety when targeted by certain brands** based on their search history or recent conversations, creating a feeling of intrusion, being constantly under surveillance

Romanians are **surrounded** by **fake news**



2025

%T2B

I've seen fake news **during elections**

74%

I've seen fake news **shared by influencers**

62%

I interacted with news that **I later found out were false**

27%

I shared news online **without verifying** its veracity

22%

Take out!

Since fake news eroded trust, communicate verified information, establish yourself as a trusted brand!

Worries about digital data breaches are also quite high



2025
May

%T2B

Security of personal data and online information

67%



What we see now – Current Advertising Landscape

Functional Product Demos Dominate

- Focus on utility, features, and problem-solving – perceived as clear, informative, but often forgettable
- Sensory Appeal Growing – emphasis on textures, sounds, and visual triggers

Tactical Messaging Prevails

- Promotional-driven communication – centered on price increases, mechanics, and incentives

Influencer Shift Toward Credibility

- Move from macro to micro-influencers & niche experts
- Emphasis on trust and relatability over reach

Higher focus on execution, less on script and plot

- Especially gen Z feels a lack of storytelling, bold ideas, and emotional arcs (looking for authentic scenes)



What People Miss – The Emotional & Creative Gap

Desire for Humor & Entertainment

- Consumers seek levity and joy in content – looking for situational and language humor (e.g., Old Spice – playful atmosphere transferred by the character)

Nostalgia

- Opportunity for brands to tap into memories, retro styles, and simpler times

Escapism

- Rising desire for feel-good content that offers escapism



What People Miss – The Emotional & Creative Gap

Brand Presence in Pop Culture Expands

- Collaborations with movies, events, and gaming are expanding innovative ways of multi-channeling brands
- Perceived as strategic brand integrations, often through event-based activations

Cultural Impact & Iconic Moments

- Absence of ads that become “part of the culture” (consumers are seeking authentic dynamics between peers – e.g., the dynamic between siblings ReallyRux and DomnuVlad in ING Bazar ad)

Creative Campaigns that Build Brand Love

- Beyond discounts: people crave connection, not just convenience

**What's in it for
me?**



Takeaways



Consumer Sentiment:

- Emotional climate remains fragile: anxiety, sadness, and pessimism are still prevalent.
- Financial insecurity persists as a major concern.
- Heightened focus on personal and job security drives cautious behaviors.

Convince consumers to open their wallets:

- Promotions may help, but also consider combining them with brand attachment strategies
- Communicate in the area of “products that take care of the entire family”

In a context of uncertainty, consumers are searching for escapism and entertainment

- **Make consumers** detach from reality by integrating various humoristic approaches (language and situational humour)
- Dare to disrupt not just in execution, but at the **core storytelling level** — through bold narratives and unconventional scripts.
- Consider **new communication channels such as festivals or Romanian movies** providing opportunities for brand visibility and engagement with younger targets
- Consumers are shifting toward **credibility-first behaviors**, favoring **micro-influencers and niche experts** who offer **trust and authenticity** over mass reach.

Thank You



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THE MODERN CONSUMER COMPANY

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